

Safety checklist

- Helmet – approved and correctly fitted and fastened
- Head light – white (steady or flashing) visible for at least 200 metres
- Tail light – red (steady or flashing) visible for at least 200 metres
- Red reflector – visible for at least 50 metres to the rear of your bike
- Brakes – at least one, in good working order
- Chain – well oiled and properly fitted
- Pedals – spin freely and undamaged
- Tyres – fully inflated with good tread
- Clothing – bright coloured to ensure visibility
- Sunscreen and sunglasses – to protect yourself from the sun
- Water – carry a water bottle and drink regularly to stay hydrated

Road rules and tips

- Cyclists are required to obey the road rules and traffic regulations at all times.
- Ride on the left hand side of the road. Allow ample room when passing parked cars in case a car door is opened.
- Give way to pedestrians crossing the road.
- When using a shared path, keep to the left and give way to pedestrians. Use your bell to warn them that you are about to pass.
- Use clear hand signals to alert drivers to your intentions to turn left or right.
- Remember to ride defensively and stay alert at all times, particularly when riding in traffic.
- Choose quiet streets where possible.
- It is against the law to ride on a footpath unless:
 - You are under 12 years of age
 - You are an adult supervising a child under 12 years
 - It is a shared use footpath that is specifically for cyclists and pedestrians.

For road safety concerns please call Council's Road Safety Officer on 6686 4444.



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ballina pathways



Walking, cycling, skating, jogging . . .
for health and wellbeing



Ask a local

Ballina Information Centre
1800 777 666
www.discoverballina.com






Ballina pathways for shared use

Cycling, jogging, skateboarding, rollerblading or just simply walking are fun, healthy and cost effective activities.

This map is designed to assist you to get out and about while enjoying the beautiful natural assets of Ballina.



-  pathways (for shared use)
-  toilets
-  refreshments